Establishing Guidelines and Defining Success for Safe and Appropriate Opioid Prescribing: The Emergency Department Perspective

Lewis S. Nelson, MD
Chair, Department of Emergency Medicine
Rutgers New Jersey Medical School
Newark, NJ
lewis.nelson@Rutgers.edu



- Limit opioid initiation
 - Pain management guidelines
 - Alternatives to opioids
 - Prescribing guidelines
- Safe opioid use
 - Default prescribing EHR
 - Regulatory limits
 - Order sets
 - Nudge prescribers
 - Patient education
- Prescription Monitoring Program



- Harm reduction
 - Naloxone distribution/prescribing
 - Recovery coaches
 - Family engagement
 - Public health interventions
- Addiction management
 - Screening
 - Reduce barriers to treatment
 - Linkage to care/warm handoff