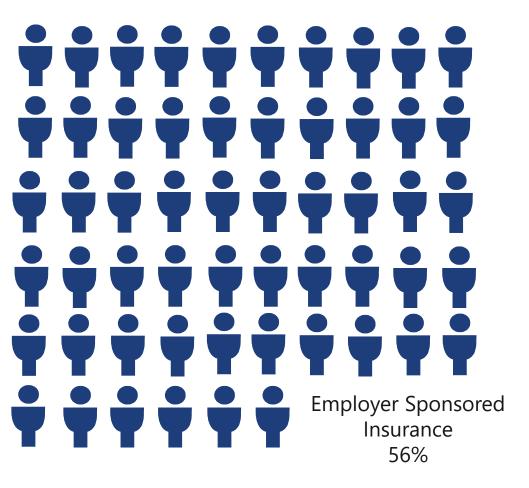
North Carolina Council on Health Care Coverage: First Council Meeting

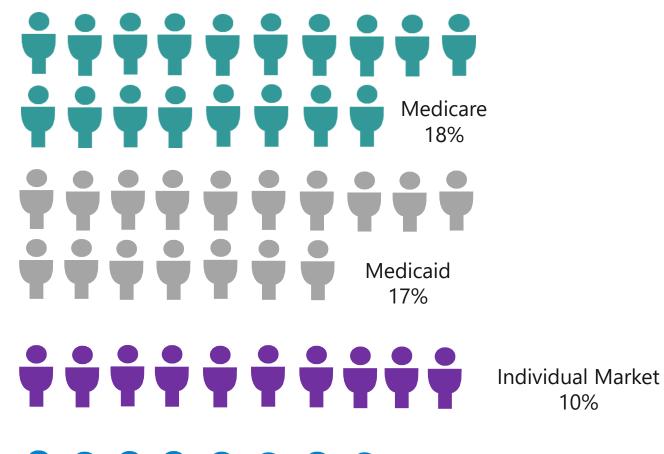
Hemi Tewarson

Visiting Senior Policy Fellow, Duke-Margolis Center for Health Policy

December 4, 2020

Snapshot of Health Insurance Coverage in the United States, FY2019







Uninsured 8%

Who does Medicaid cover?

Mandatory Coverage Groups

Low-income children

Low-income pregnant women

Families who would have qualified under 1996 Aid to Families with Dependent Children

Aged, blind and disabled who qualify for social security income

Low-income Medicare beneficiaries

Optional Coverage Groups

Low income children and pregnant women at higher income levels

Medically needy

Medicaid expansion (adults with income up to 138% of FPL)

Who is covered under Medicaid Expansion?

Low-income parents (above current coverage levels and with income less than \$2,498 per month for a family of 3)

Low-income childless adults (with income less than \$1,436 per month for a single adult)

Low-wage
workers
(agriculture,
child care,
construction,
etc.)

Veterans and their families

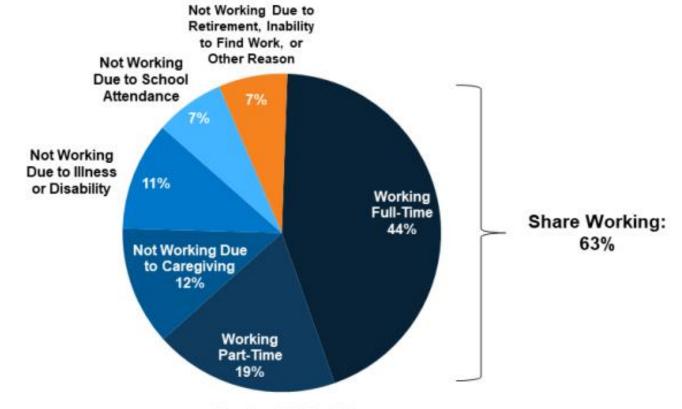
Children who age out of Medicaid

Women who would be covered if they were pregnant

Figure 1

The large majority of Medicaid adults are already working or report potential barriers to work.

Work Status & Barriers to Work Among Non-Dual, Non-SSI, Nonelderly Medicaid Adults, 2017



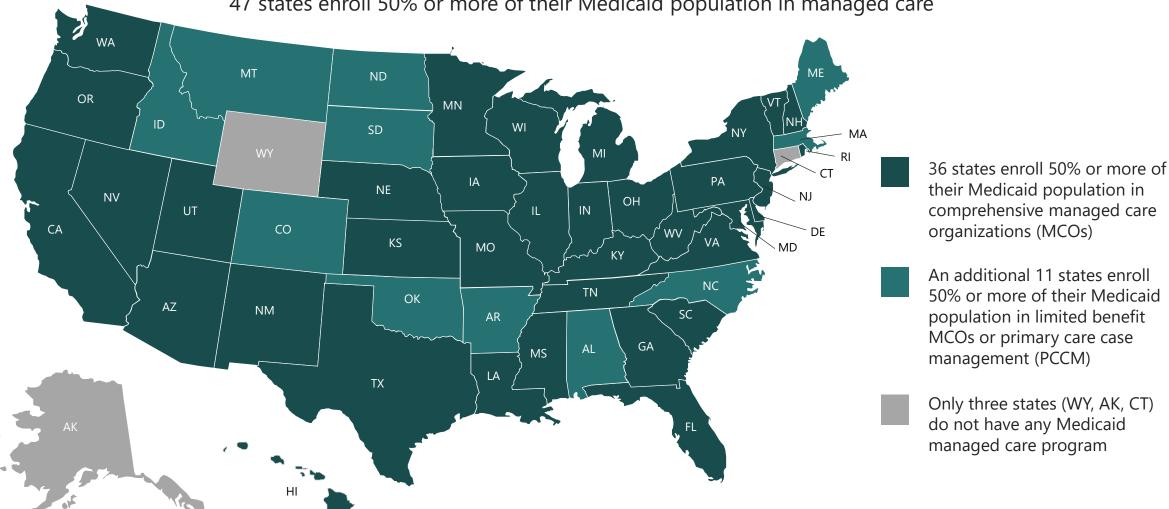
Total = 23.5 million

Notes: Includes nonelderly adults (age 19-64) who do not receive Supplemental Security Income (SSI) and are not dual eligible. Working Full-Time is based on total number of hours worked per week (at least 35 hours). Full-time workers may be simultaneously working more than one job. Source: Kaiser Family Foundation analysis of March 2018 Current Population Survey.



Medicaid Managed Care Enrollment by State

81% of the Medicaid population nationwide is enrolled in managed care and 47 states enroll 50% or more of their Medicaid population in managed care

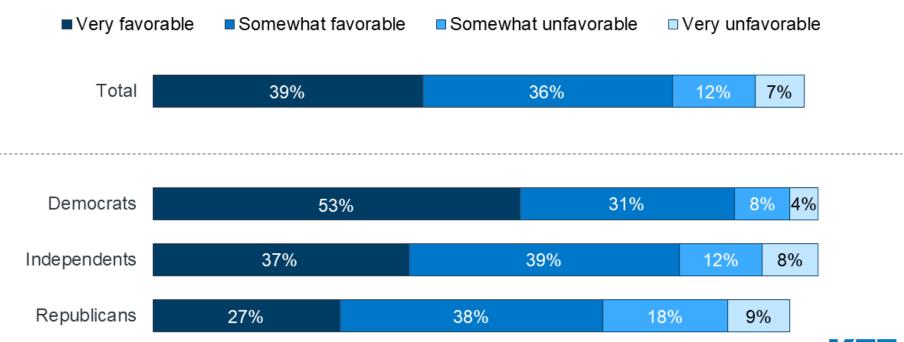


Do you have a favorable/unfavorable opinion of Medicaid?

Figure 1

Large Majority Of The Public Have A Favorable View Of Medicaid

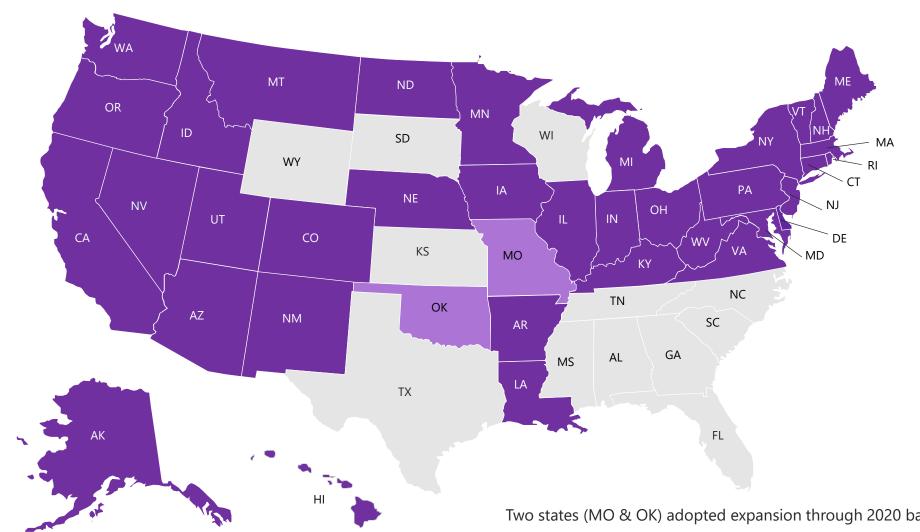
In general, do you have a favorable or an unfavorable opinion of Medicaid?



SOURCE: KFF Health Tracking Poll (conducted July 18-23, 2019). See topline for full question wording and response options.



Medicaid Expansion

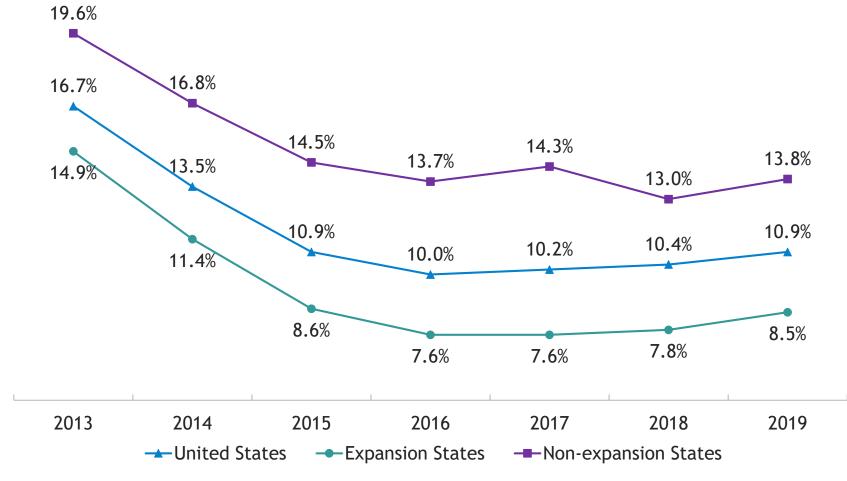


Since 2014, 38 states and DC have adopted Medicaid expansion.

States continue to shape their programs and, to date, no state has decided to stop their expansion.

Two states (MO & OK) adopted expansion through 2020 ballot measures but have not yet implemented

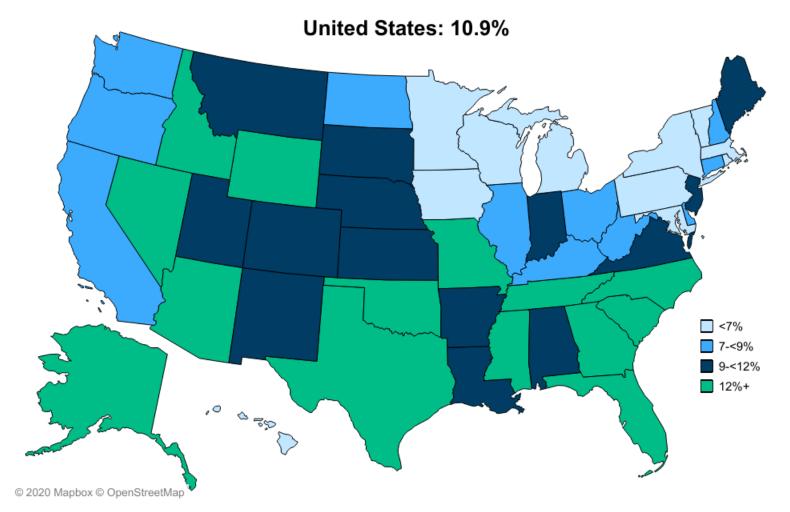
Nonelderly Uninsured Rate, 2013-2019



Note: State Medicaid expansion status as of Jan 1, 2017. Data include persons under age 65.

Figure 6

Uninsured Rates among the Nonelderly by State, 2019



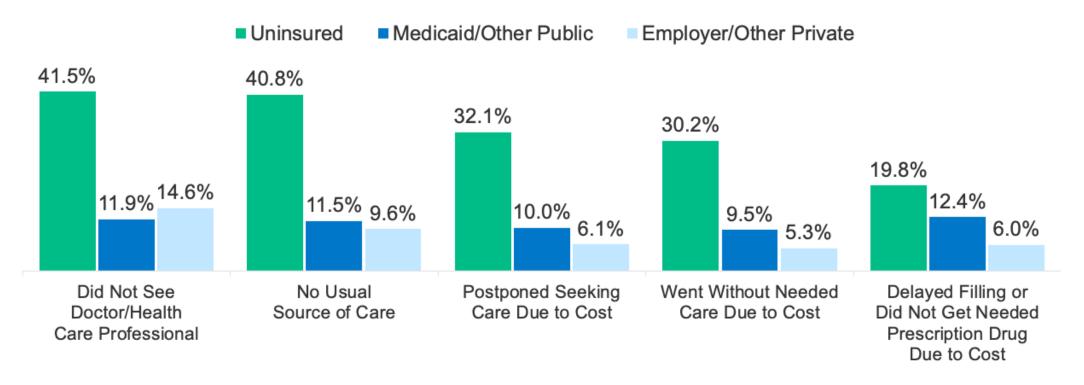
NOTE: * Indicates a statistically significant change from 2018 to 2019 at the p<0.05 level. Includes nonelderly individuals ages 0 to 64.

SOURCE: KFF analysis of 2019 American Community Survey, 1-Year Estimates.



Figure 8

Barriers to Health Care among Nonelderly Adults by Insurance Status, 2019



NOTE: Includes nonelderly individuals ages 18 to 64. Includes barriers experienced in the past 12 months. Respondents who said usual source of care was the emergency room were including among those not having a usual source of care. All Medicaid/Other Public and Employer/Other Private are statistically different from Uninsured at the p<0.05 level. SOURCE: KFF analysis of 2019 National Health Interview Survey.



Medicaid Expansion Cost Projections

States rely on key data points about the newly eligible Medicaid population to make accurate state budget projections, including:

Health status of the uninsured





Medicaid and non-Medicaid state program savings







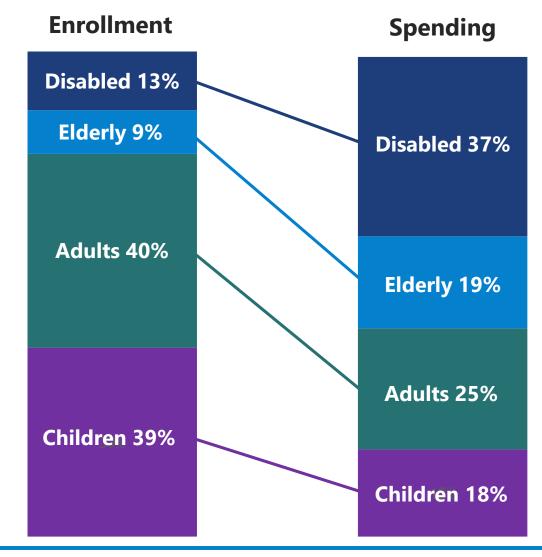


- Prior to 2014, little data were available on these metrics. Some states under and overestimated the impact of Medicaid expansion on state budgets.
- Better information is now enabling more recently expanding states to more accurately predict the fiscal impacts of Medicaid expansion.

Medicaid Spending in Expansion States by Population,

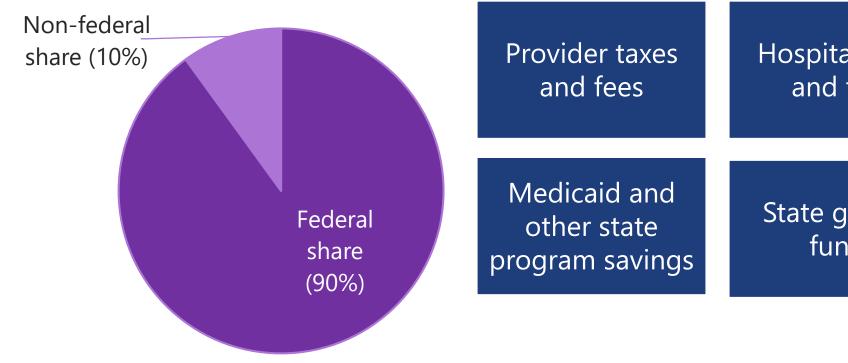
FY 2014

More than half of Medicaid spending in expansion states is on the **Elderly and Disabled Populations**



Sources of Funding for Medicaid Expansion

- Sources of funding for the Medicaid expansion are similar to those for the regular Medicaid program.
- Medicaid expansion has generated state savings by offsetting costs related to behavioral health services, the criminal justice system, SSI program costs, and by covering populations previously funded at the regular federal match rate.



Hospital taxes and fees

State general funds

Health plan taxes

Other taxes and local sources*

Note: *"Other" includes cigarette taxes (IN), increases in drug rebates (KY), local government funds (IL), and "other revenue" (NH).

Impacts of Medicaid Expansion: Improving Access



- Medicaid expansion has resulted in significant coverage gains among low-income and vulnerable populations and reductions in disparities.
- Several studies have shown especially large coverage gains for low income workers and individuals with mental illness and substance use disorders.

Access to Care

- Multiple studies have demonstrated increased utilization of preventive care for a range of conditions including cancer, diabetes, behavioral health, and heart disease.
- One study found increases in primary care appointment availability and another found an increase in providers accepting new patients
- Many studies conclude that providers have expanded capacity or participation in Medicaid (including for providing medications for the treatment of opioid use disorders)
- National studies have shown reductions in Marketplace premiums in expansion states compared to nonexpansion



- Multiple studies show large declines in out of pocket costs, delays in seeking care due to cost, medical debt among Medicaid expansion enrollees, and disparities in affordability.
- Medicaid expansion has resulted in significant declines in uncompensated care for hospitals, clinics, and other providers.

Impacts of Medicaid Expansion: Health Outcomes



- Multiple studies show increases in self-reported health and positive health behaviors
- Studies have found associations with reductions in mortality, at the population level and for particular health conditions such as cardiovascular illness and end-stage renal disease
- Low-income individuals in Kentucky and Arkansas reported a 23 percentage point increase in "excellent" self-reported health from 2013 to 2016.
- Mean infant mortality rates declined in Medicaid expansion states but rose slightly in non-expansion states from 2014 to 2016.

Behavioral Health



- Improvements in self-reported mental health
- A 2020 study found that expansion was associated with a 6% lower rate of opioid overdose deaths
- Improvements in access to medications and services for the treatment of mental health and substance use disorders
- Increases in access to treatment for opioid use disorders and no increase in opioid prescribing rates
- Kentucky saw 300 new behavioral health providers enroll with Medicaid in 2014 and provided substance use disorder services to 13,000 members

Impacts of Medicaid Expansion: Economy



- Ohio Medicaid expansion enrollees reported that Medicaid enrollment made it easier to seek employment and continue working.
- Medicaid expansion created 31,074 additional jobs in Colorado as of FY2015-2016, 39,000 additional jobs in Michigan in 2016, and will create an estimated 40,000 jobs in Kentucky through SFY2021 with an average salary of \$41,000.
- National studies show that expansion support the ability to work or seek work and is associated with increases in labor force participation and employment



- Expansion has also been associated with decreases in poverty rates and food insecurity
- Pennsylvania saw a \$2.2 billion increase in economic output and \$53.4 million increase in state tax revenue
- A 2017 study of Michigan's expansion found that personal income increased by more than \$2 billion per year, yielding over \$145 million in new state tax revenue

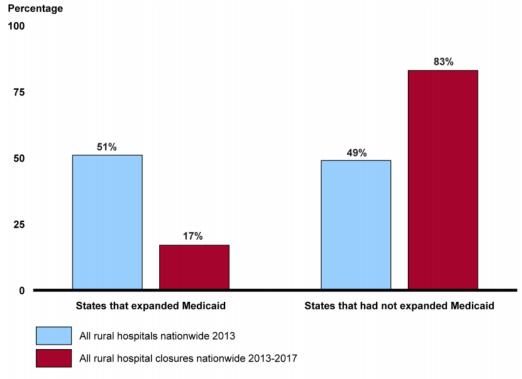


- Montana's state budget savings through state fiscal year 2017 exceed \$36 million as a result of Medicaid expansion.
- As of March 2018, Medicaid expansion in Louisiana created nearly 19,000 jobs and enhanced state revenues by more than \$100 million.

Impacts of Expansion on Rural Communities

- Increases in coverage
- Improved operating margins for rural hospitals
- Improved hospital financial performance and reductions in rural hospital closure

Figure 5: Percentage of Rural Hospitals in 2013 Relative to Percentage of Rural Hospital Closures from 2013 through 2017, by Medicaid Expansion Status

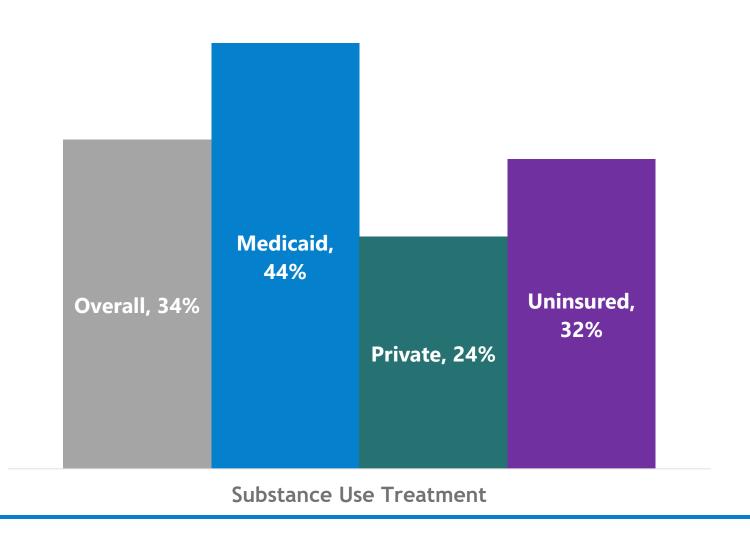


Source: GAO analysis of Department of Health and Human Services (HHS) and HHS-funded data. | GAO-18-634

Note: Hospitals were defined as general acute care hospitals in the United States, and a hospital closure as a cessation of inpatient services. Rural was defined using the Federal Office of Rural Health Policy's definition (areas in (i) a non-metropolitan county, (ii) a metropolitan county, but with a Rural-Urban Commuting Area code of 4 or higher, or (iii) in one of 132 large and sparsely populated census tracts with a Rural-Urban Commuting Area code of 2 or 3).

Medicaid expansion status is as of April 2018.

Medicaid's Role in Addressing the Opioid Epidemic



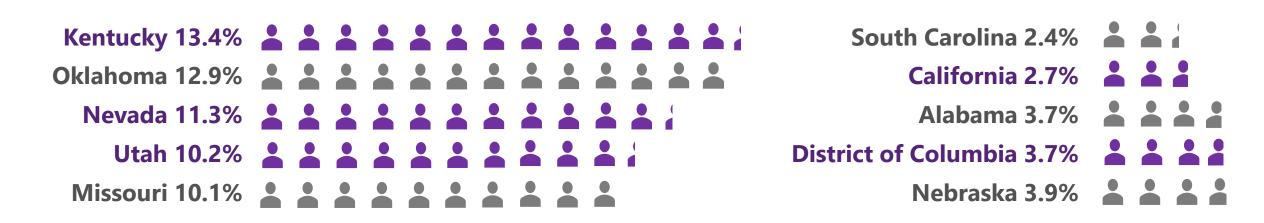
Medicaid is the largest funding source for the treatment of Opioid Use Disorders



Medicaid's Role in Responding to COVID-19

Medicaid enrollment is increasing amid the COVID-19 pandemic. Nationally, enrollment has increased by 4.3 million or 6.1% from Feb 2020 to July 2020.

The five states with the highest and lowest percentage increase in enrollments represent a mix of expansion and non-expansion states.

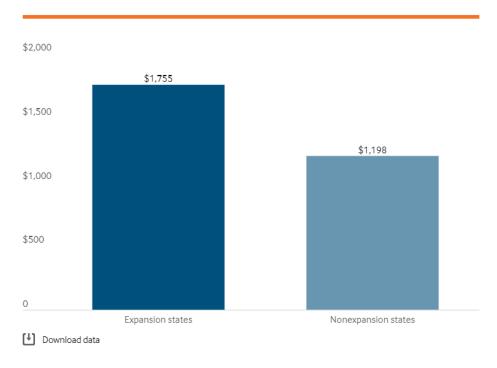


Expansion

Non-expansion

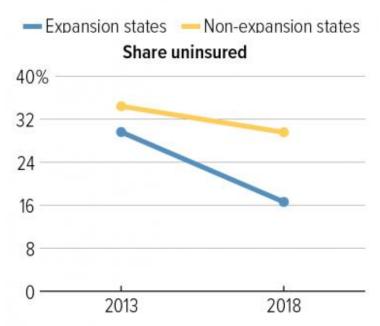
Medicaid Expansion's Role in Responding to COVID-19

Projected Federal Medicaid and CARES Act Funding per Person, Expansion States vs. Nonexpansion States



Note: Figures exclude states that are projected to receive the minimum CARES Act allocation (\$1.25 billion). The "expansion" category excludes Virginia, which expanded in 2019 but currently lacks sufficient data on expansion group expenditures and the new uninsured rate.

Medicaid Expansion Boosts Coverage for Low-Income Essential Workers



Note: "Low-income essential workers" refers to essential or front-line workers – those likely required to go to work despite stay-at-home orders – with incomes up to 200 percent of poverty. States can expand Medicaid coverage to low-income adults under the Affordable Care Act. Expansion took effect in 2014.

Source: CBPP analysis of Census Bureau data

Contact

Hemi Tewarson
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North Carolina Medicaid Overview

Dave Richard Deputy Secretary, NC Medicaid

December 4, 2020

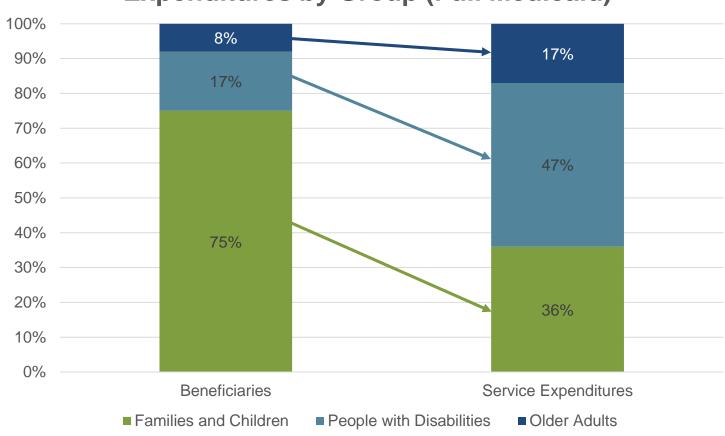


Who Receives Full Medicaid?

Group	Monthly Income		Annual Income	
Older Adults > 65 People with blindness People with disabilities *Asset limits also apply	100% of Poverty Level 1 - \$1,041 2 - \$1,410		100% of Poverty Level 1 - \$12,760 2 - \$17,240	
Parents/caretakers of children <18, individuals aged 19 and 20	~42% of Poverty Level 1 - \$434 2 - \$569 3 - \$667		~42% of Poverty Level 1 - \$5,360 2 - \$7,240 3 - \$9,120	
Children <6	210% of Poverty Level 1 - \$2,186 2 - \$2,960 3 - \$3,733		210% of Poverty Level 1 - \$26,800 2 - \$36,200 3 - \$45,610	
Children >6	Medicaid 133% of Poverty Level 1 - \$1,385 2 - \$1,875 3 - \$2,365	Health Choice 211% of Poverty 1- \$2,244 2-\$3,032 3-\$3,820	Medicaid 133% of Poverty Level 1 - \$16,970 2 - \$22,930 3 - \$28,890	Health Choice 211% of Poverty 1 - \$26,928 2 - \$36,384 3 - \$45,840
Non-disabled childless adults aged 19-64	Not covered		Not covered	

2019 NC Medicaid Annual Report

Medicaid Enrollment and Service Expenditures by Group (Full Medicaid)



NC MEDICAID COVID-19 RESPONSE ACCOMPLISHMENTS



Member Experience and Access to Quality Care

- 175,234 COVID-19 tests covered by Medicaid
- 3565 Members enrolled in optional COVID-19 testing group
- 1.2M Medicaid eligibility extensions conducted (673k individual cases), 1.2M letters mailed to members
- 656K Enrollment applications processed since March 1
- 135 Telehealth flexibilities implemented, which spanned 482 codes
- 1,582,470 Telehealth claims processed
- 272 PA & Service Limits waivers were put in place
- Total of 119,830 Pharmacy mailing and delivery fees paid, \$326,611.5 paid to Providers
- 150+ Service Tickets & FMRs completed
- 203 Individual flexibilities implemented across LME-MCOs
- 26 LME-MCO ILOS: 23 of which are approved



Authority

- 21 Waiver documents submitted to CMS;
 20 Waivers approved; 1 under review
- 246 Flexibilities sent to CMS; 192
 Approved; 6 Pending CMS response
- 328 CMS FAQs Follow-ups received. 325 complete; 3 in review with respective workstreams



Provider Enablement and Financial Support



- 139 Disaster applications processed
- 94 Provider closures managed, and 228 negatively impacted members assisted with access to care
- Reverification due dates extended for 8,292 providers (based on report received Oct. 27, 2020)
- Effectuated over ~\$1 Billion in rate changes supporting providers across
 ~210 rate FMRs
- Over \$5.5 Million in Cares Act
 Funding distributed to ~200 congregate
 care providers to support COVID-19
 testing
- ~\$50 Million in advance payments issued to Outbreak providers



Monitoring and Evaluation

- 17 Clinical, financial and enrollment dashboards developed
- 17 Telehealth uptake analysis visualizations developed
- 26 Telehealth evaluation metrics delivered
- 34 LTSS evaluation questions developed



Facilities and Infrastructure

- 520+ Medicaid staff enabled to work remotely
- 242 Devices issued to support remote work



Communication and Education



- 114 Provider webinars hosted with 49,398 attendees
- 140 COVID-19 Special Medicaid Bulletins published
- 113 NCTracks blasts to providers covering 126 topics
- 1,088 Inquiries received through COVID-19 Mailbox, 93% addressed
- Since the MCC went remote: 157,692 calls offered; 154,320 calls handled, 2% abandonment rate, 28 second average wait time
- COVID-19 Triage Plus Line enabled with CCNC, 55,061 calls received since launch



Process Efficiencies and Automation

Streamlined FAQs/Inquiries Management

- 1,570 Incidents opened since March 27
- 1,508 Incidents resolved

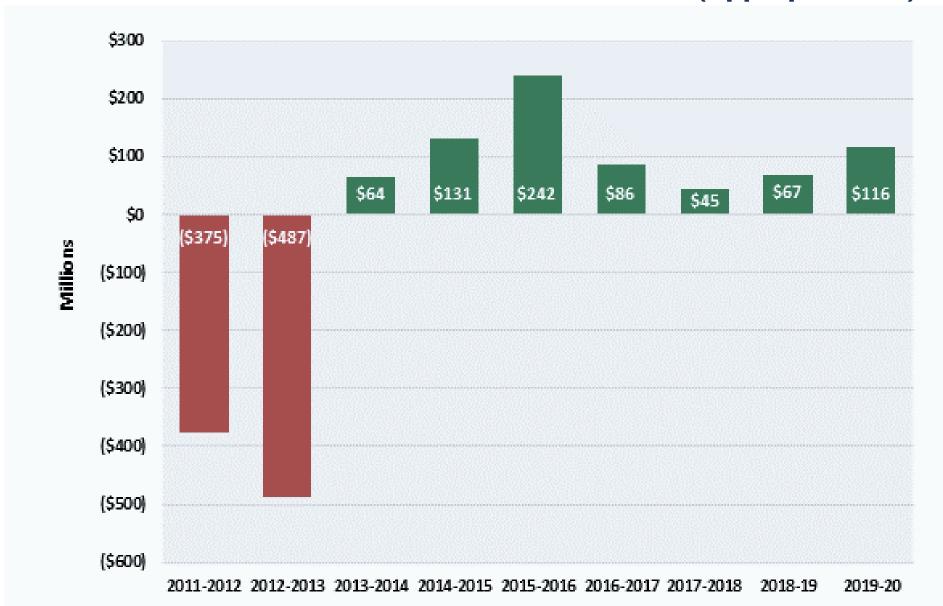
Knowledge Management

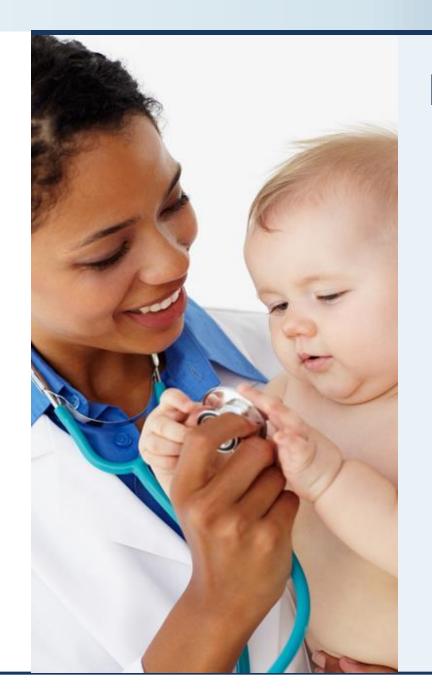
 162 FAQs and 139 Bulletins incorporated since launch April 24

Circuit Breaker Process

- Two rounds of evaluation complete
- **386** Flexibility groups evaluated
- 44 were recommended to continue
- 68 were recommended to continue with changes

NC Medicaid Fiscal Year-End Financial Position (Appropriations)

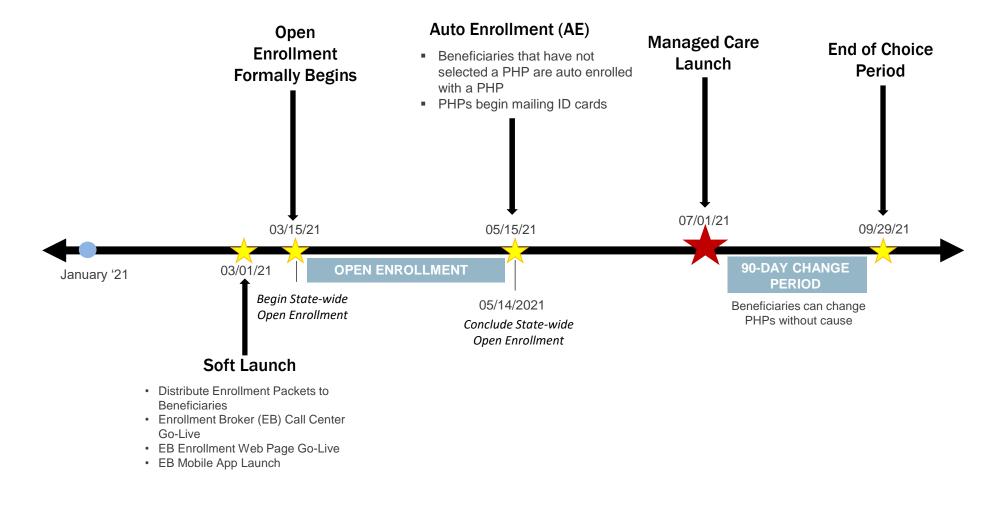


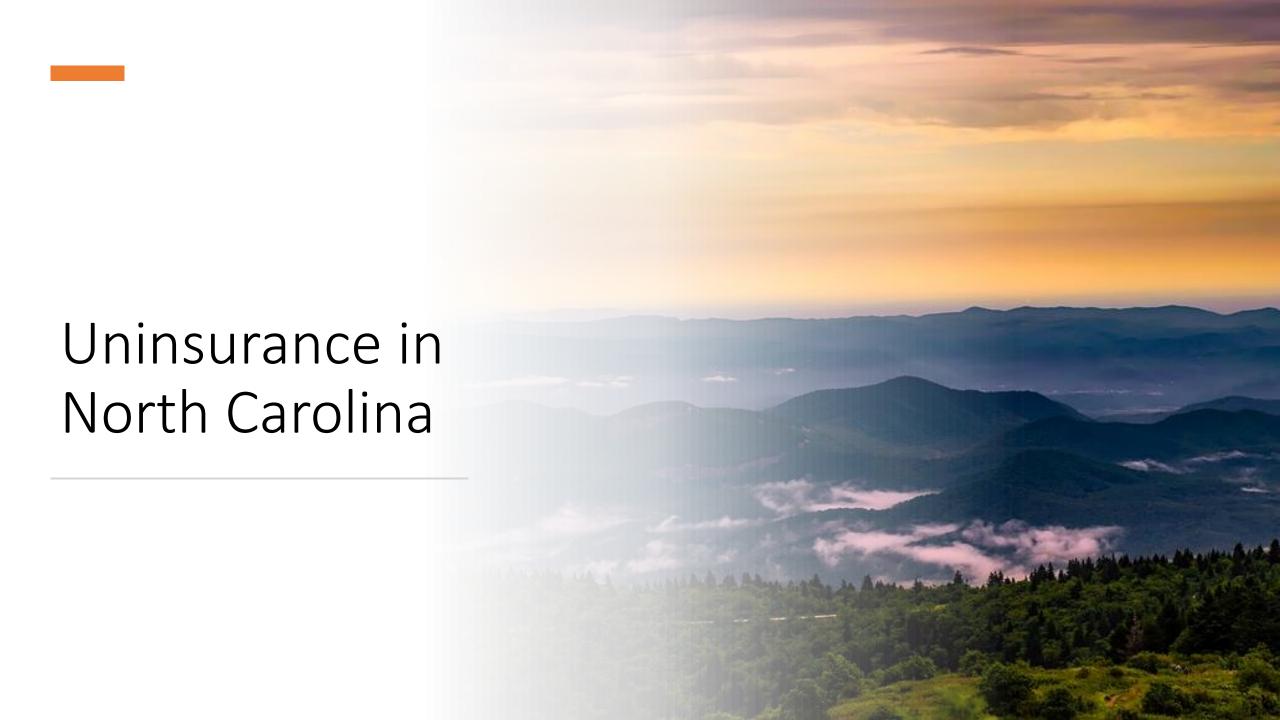


North Carolina's Vision for Medicaid Transformation

"To improve the health of North Carolinians through an innovative, whole-person centered and wellcoordinated system of care that addresses both the medical and non-medical drivers of health."

Medicaid Transformation Timeline





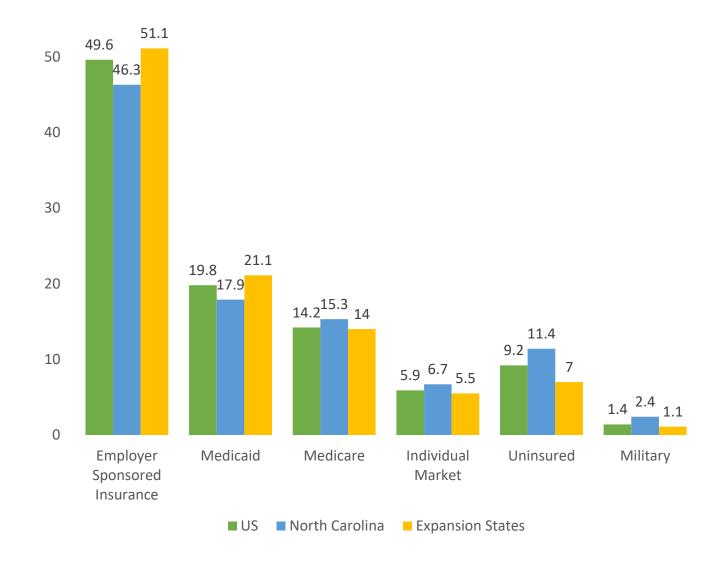
Health Insurance Coverage

1.2 million

60

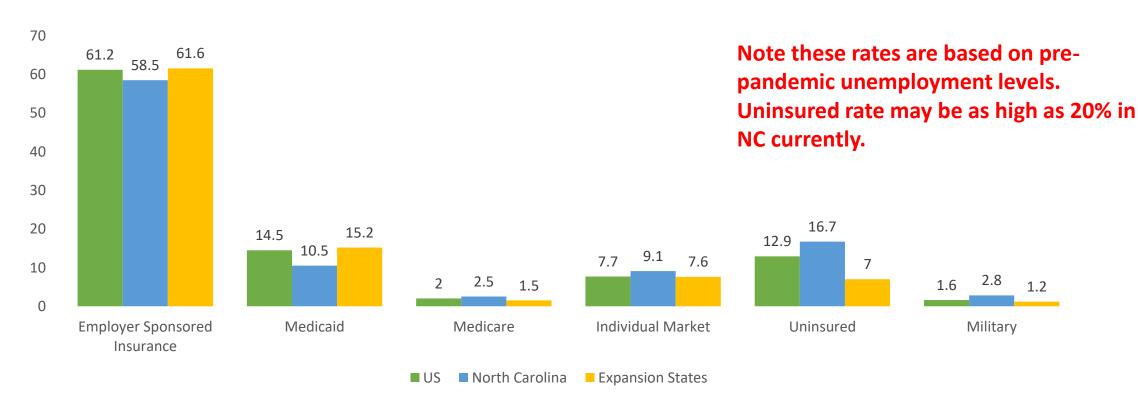
uninsured residents in

North Carolina



How does coverage for 19-64 YOs in NC compare to US, Expansion states?

NC: 6th highest uninsured rate in 2019



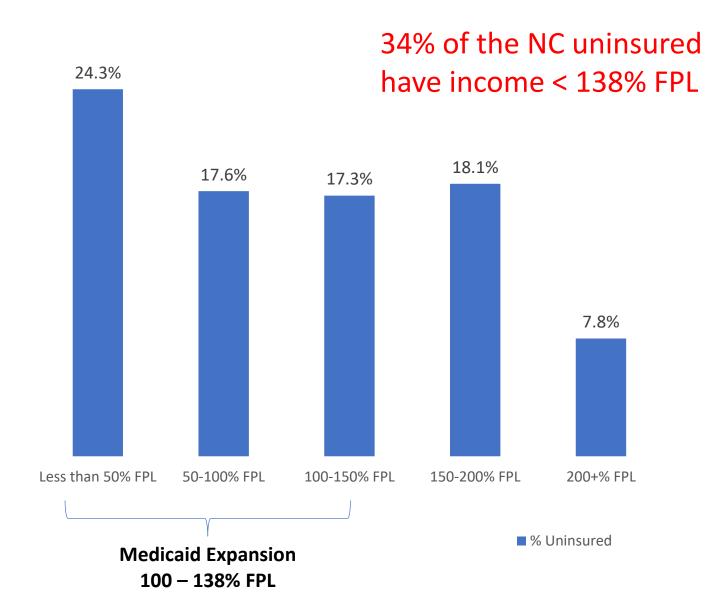
Source: 2019 Census American Community Survey

Who are the Uninsured

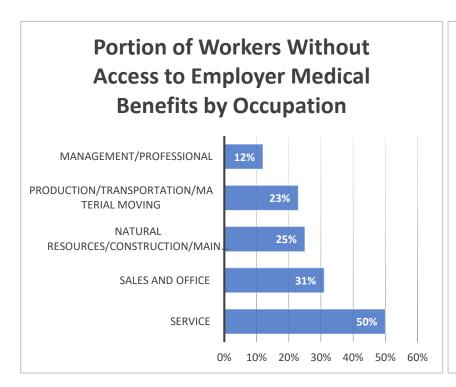
Lower income are more likely to be uninsured

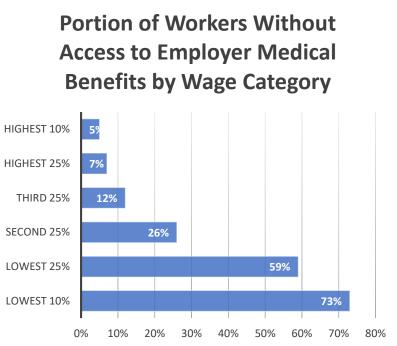
138% FPL = \$36,156 for family of 4 in 2020

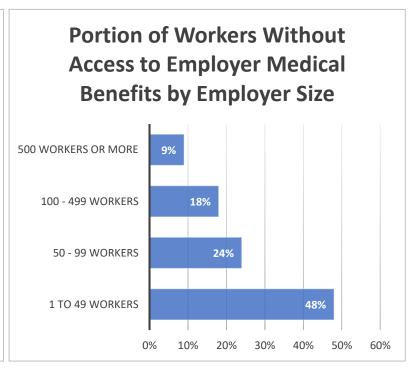
Percent of uninsured by income category (FPL)



28% of workers do not have access to employer medical benefits







Source: Bureau of Labor Statistics, https://www.bls.gov/news.release/pdf/ebs2.pdf

Sample Industries with Low-Income Uninsured Workers (Pre-Pandemic)



Grocery Workers
19% Uninsured

Annual Income: \$21,680

2018 Employer Insurance: 52%

•

Nursing Home/Home Health 14%/19% Uninsured

Annual Income: \$33,280/\$29,952

(Direct care workers average \$10/hour)

2018 Employer Insurance: 57%/39%



Clothing Store Workers

14% Uninsured

Annual Income: \$19,800

2018 Employer Insurance: 55%



Hotel / Lodging Workers

28% Uninsured

Annual Income: \$24,450

2018 Employer Insurance: 40%



Restaurant Workers

28% Uninsured

Annual Income: \$17,160

2018 Employer Insurance: 40%



Hair Cutters

20% Uninsured

Annual Income: \$28,320

2018 Employer Insurance: 37%



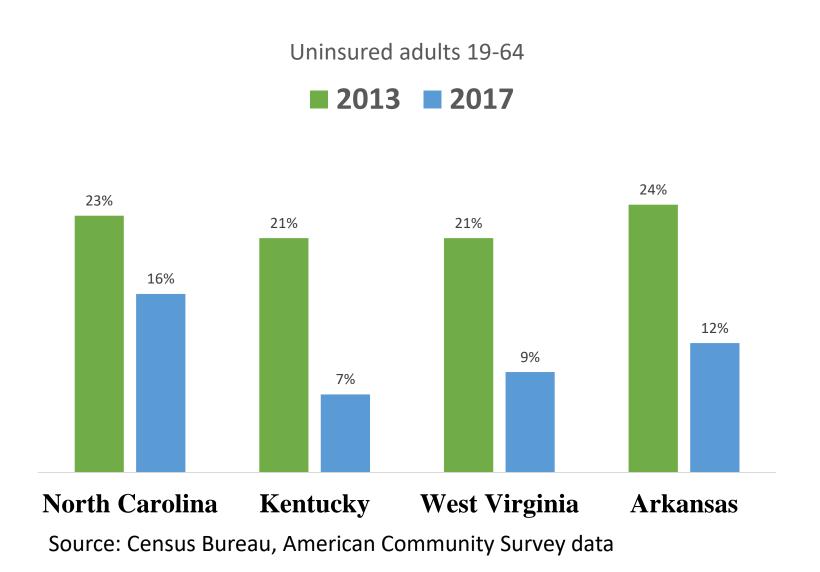
Child Day Care Workers

20% Uninsured

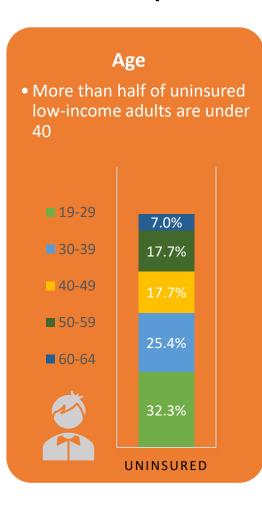
Annual Income: \$22,360

2018 Employer Insurance: 52%

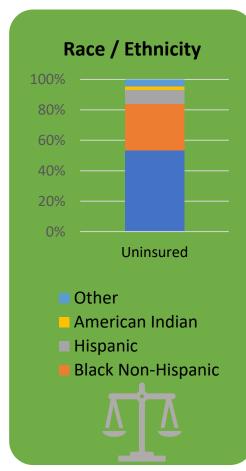
Expansion States Have Lower Percent of Uninsured Adults

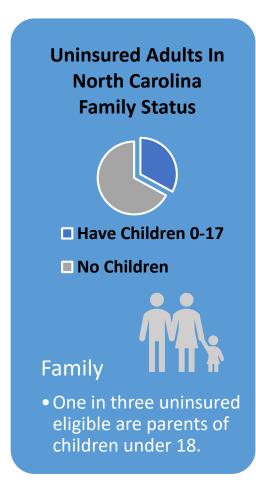


Who Would be Eligible for Medicaid Expansion in North Carolina?









Gender • Uninsured low-income adults are primarily women

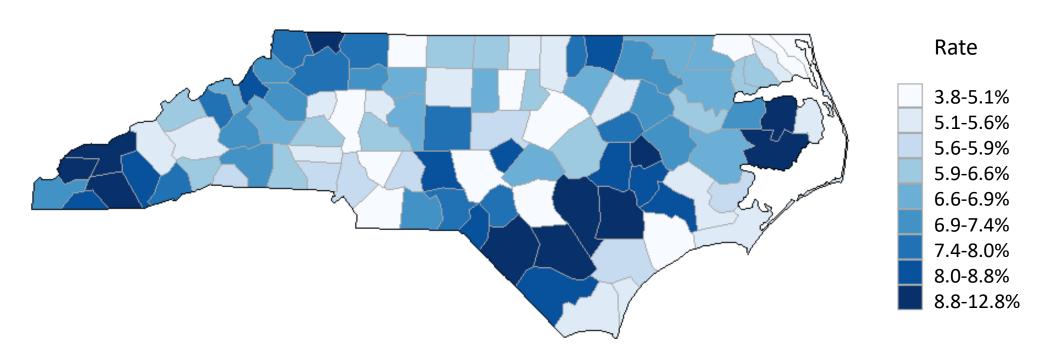
North Carolina hospitals provided approximately \$1,825,000,000 in uncompensated care in 2019

(Plus another \$1.6 billion in losses from Medicaid and Medicare)



Source: September 2020 Medicare Cost Reports

Percent of Adult Population (18-64) and under 138% FPL who are Uninsured



A higher percentage of people in rural areas would be eligible for Medicaid expansion in North Carolina

Rural Health and Medicaid **Expansion** in North Carolina

- Rural residents are 40% more likely to be uninsured and eligible for Medicaid expansion
- Prior studies have shown that Medicaid expansion is associated with improved hospital financial performance and reductions in hospital closure
- 11 rural hospitals have closed in North Carolina since 2005. Many others have cut key services.
- There are 6 rural hospitals that the Sheps Center classifies as having high financial risk – these hospitals serve communities of about 180,000 people.
- Losing the only hospital in a county implies a decrease of about \$1,300 dollars in per capita income

Veterans and their Families

- North Carolina has 730,357 Veterans
- Only 338,5050 of those receive care through the VA
- Even if a Veteran receives health care through the VA their families may remain uninsured
- Veterans uninsurance rate decreased 4.3 percentage points in expansion states.
- Medicaid Expansion could help approximately 14,000 additional North Carolina Veterans gain health coverage

Source: Robert Wood Johnson and Urban Institute Analysis

Medicaid expansion would reduce the number of North Carolinians without insurance

- People in North Carolina who would be eligible for Medicaid Expansion are more likely to be younger, working for essential industries, and include many families
- Medicaid Expansion would help rural residents, strengthen rural hospitals, and financially benefit rural communities
- More than 200,000 uninsured employees will have health insurance helping many small and essential business maintain a healthy workforce



Ohio's Medicaid Expansion

Greg Moody, Executive in Residence

moody.67@osu.edu

December 4, 2020

2010

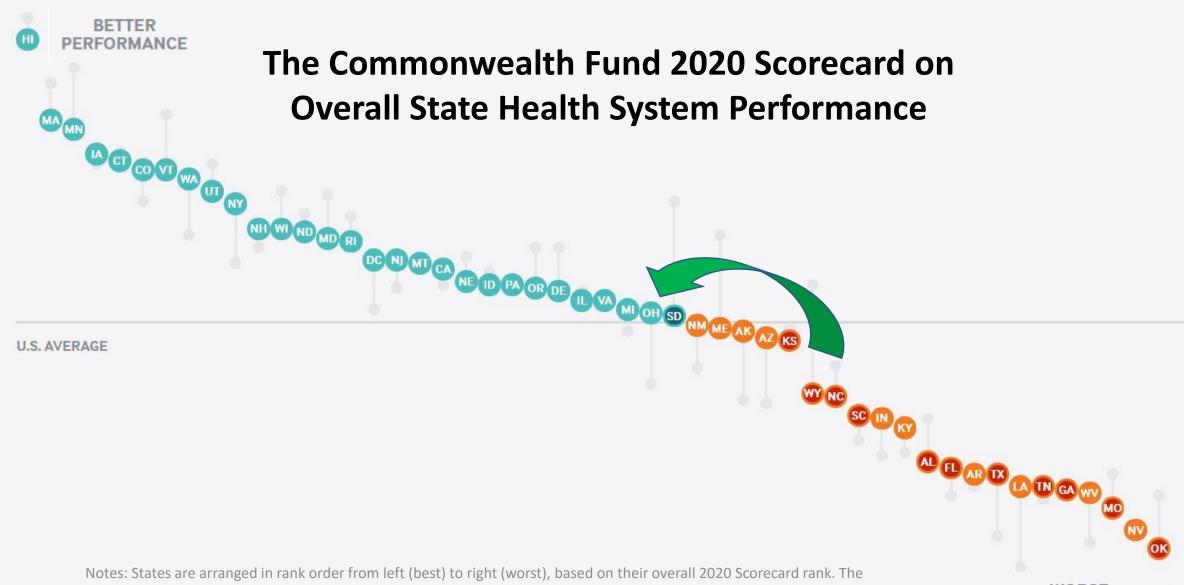
Ohio Medicaid was growing more than 10% annually and the state had an \$8 billion budget deficit.

Ohio Governor's Office of Health Transformation

- Restructure and rebid Medicaid managed care
- Prioritize home and community based services
- Rebuild behavioral health system capacity
- Modernize technology infrastructure
- Engage partners to pay for value instead of volume
- Increase access to comprehensive primary care
- Reward value in high cost episodes of care
- Extend Medicaid coverage

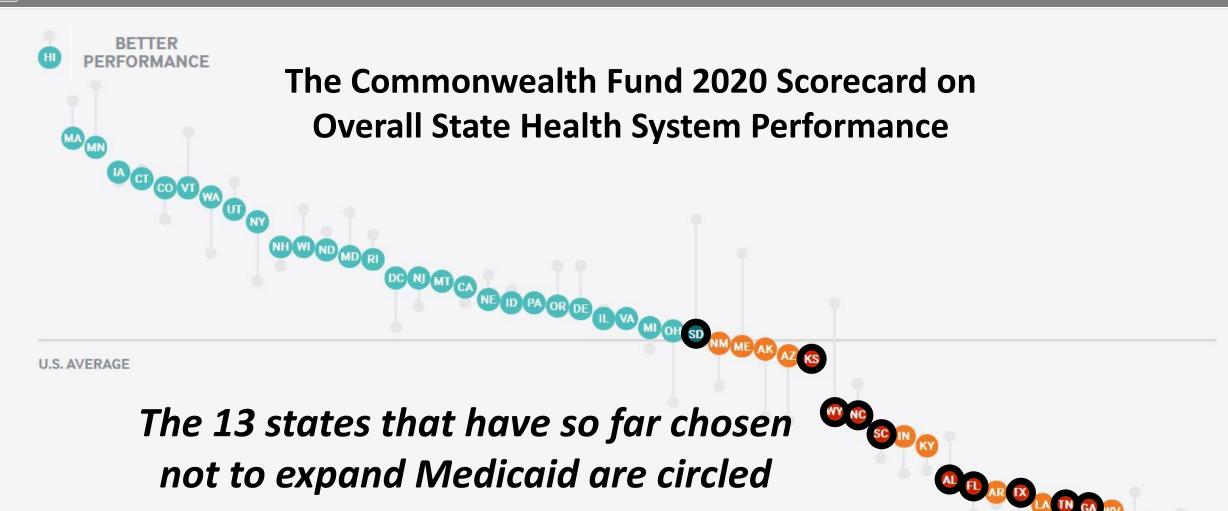
2013

Ohio Medicaid was growing less than 3% annually with \$2 billion in the rainy-day fund.



Notes: States are arranged in rank order from left (best) to right (worst), based on their overall 2020 Scorecard rank. The 2020 Scorecard rank reflects data generally from 2018, prior to the COVID-19 pandemic MO and OK expanded Medicaid in 2020. Ohio's 2020 rank of 28th best performance represents a +6 change from baseline.



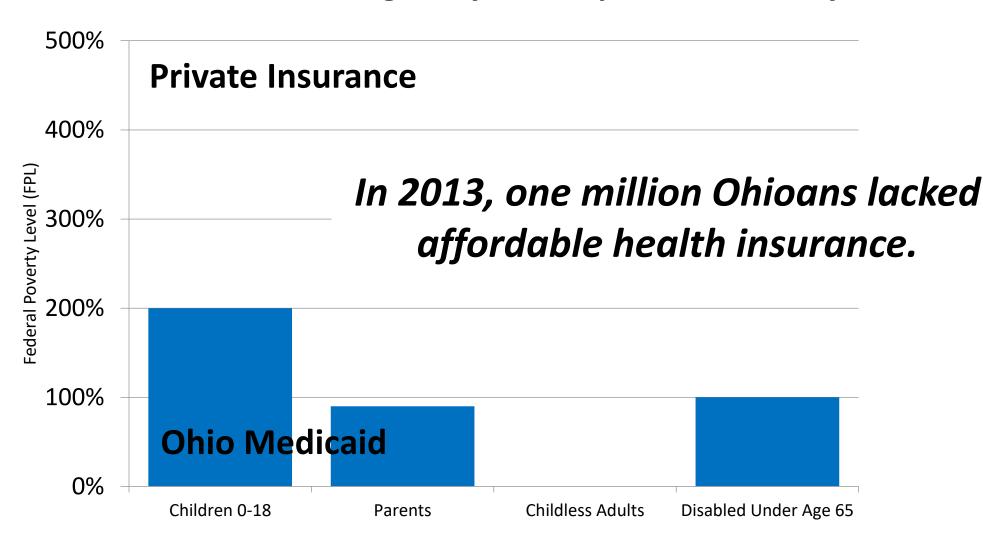


Notes: States are arranged in rank order from left (best) to right (worst), based on their overall 2020 Scorecard rank. The 2020 Scorecard rank reflects data generally from 2018, prior to the COVID-19 pandemic MO and OK expanded Medicaid in 2020. Ohio's 2020 rank of 28th best performance represents a +6 change from baseline.





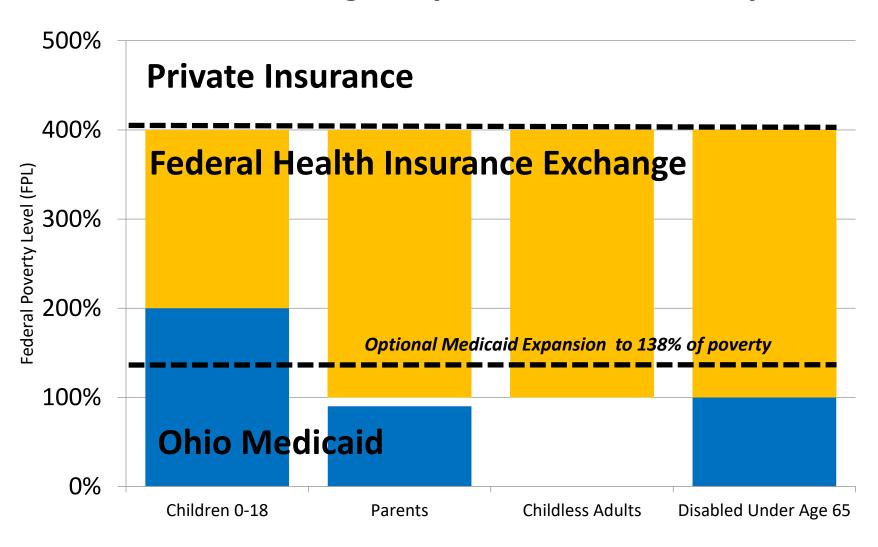
Ohio Medicaid Income Eligibility Levels prior to January 2014



SOURCE: Ohio Governor's Office of Health Transformation (2013).



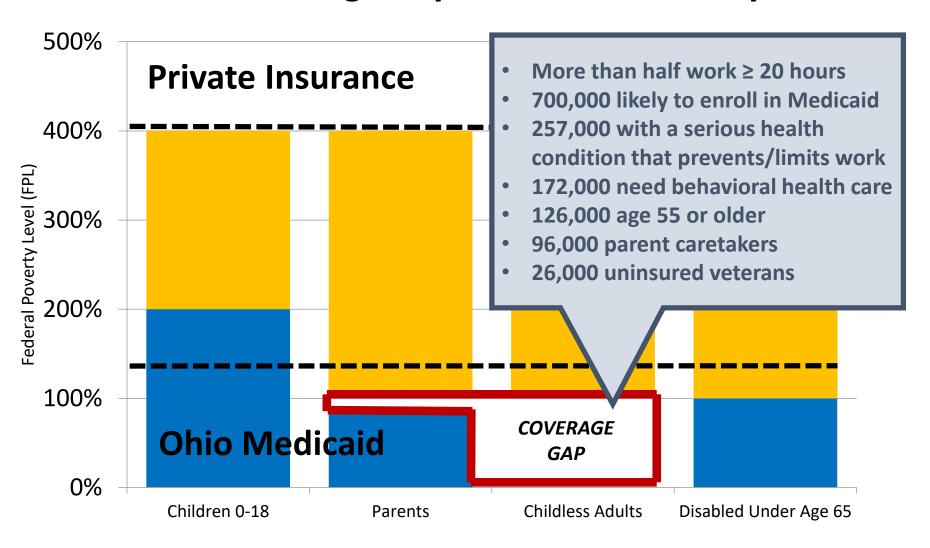
Federal Income Eligibility Levels after January 2014



SOURCE: Ohio Governor's Office of Health Transformation (2013).



Federal Income Eligibility Levels after January 2014

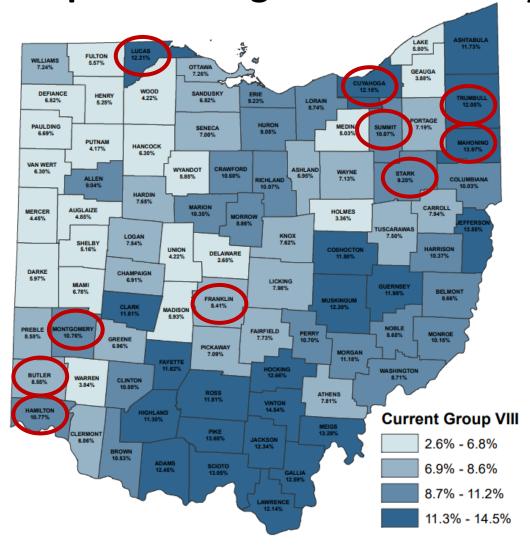


Counties with 10,000+ Medicaid Expansion-eligible residents



SOURCE: Ohio Department of Medicaid, Managed Care Enrollment and Eligibility Report.

Medicaid Expansion-eligible residents by county



Cultivate a Broad and Transparent Coalition

Obviously ...

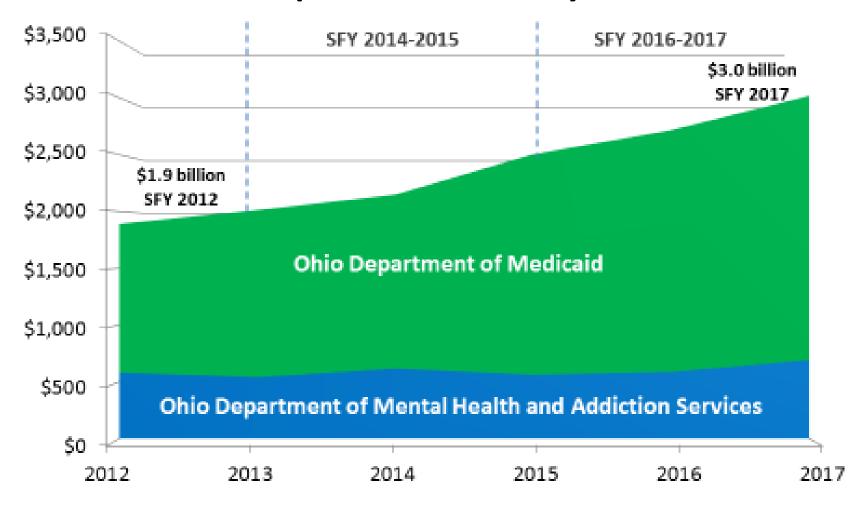
- Health plans, hospital systems, and other providers
- Legal aid and other patient and family advocates

More compelling ...

- Rural hospitals
- Sheriffs (untreated addiction in jails)
- Right to Life (Hyde Amendment)
- Chambers of Commerce (cost shift)
- Veterans and their families
- Families impacted by addiction

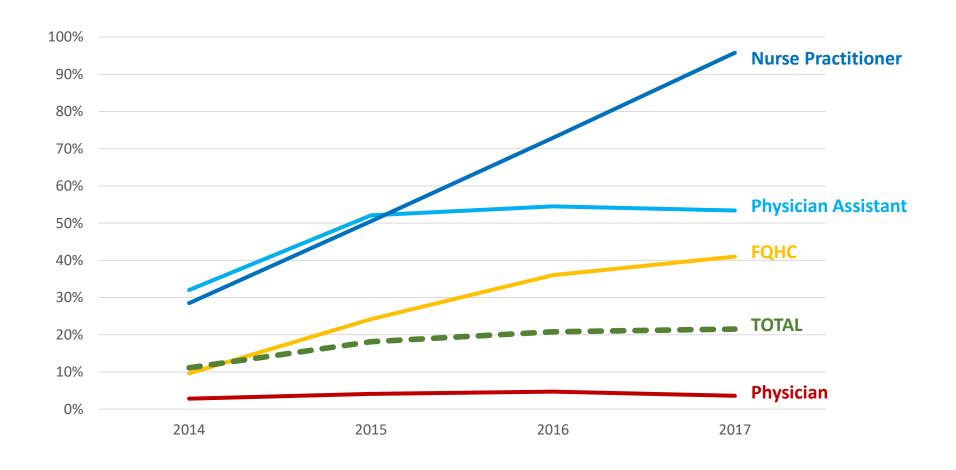
- Ohio created an informal, comeone-come-all Coalition that enabled instant communication.
- The state team shared the same information with everyone at the same time, including the press.

Medicaid expansion increased Ohio's behavioral health system capacity 60 percent over five years



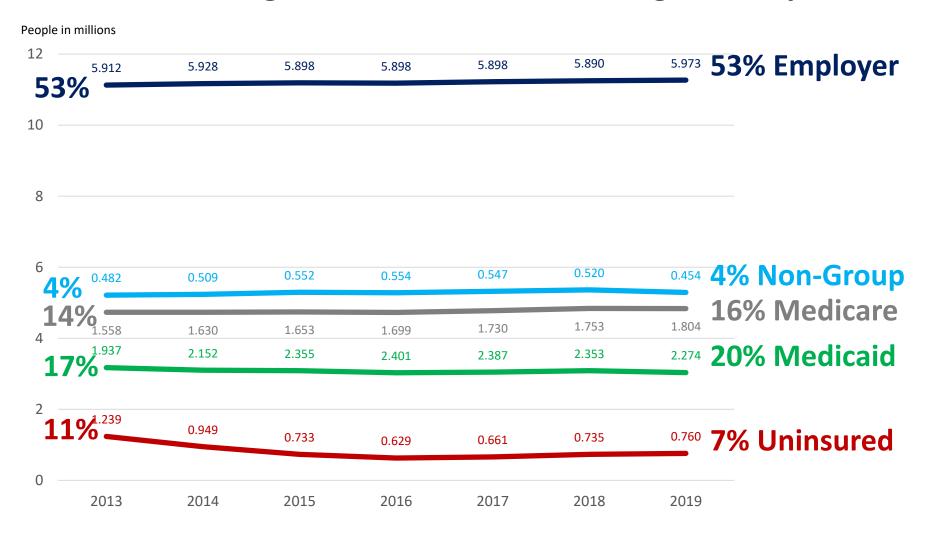
SOURCE: Ohio Departments of Medicaid and Mental Health and Addiction Services (January 2017).

20% Increase in Medicaid Primary Care Practitioners since 2013



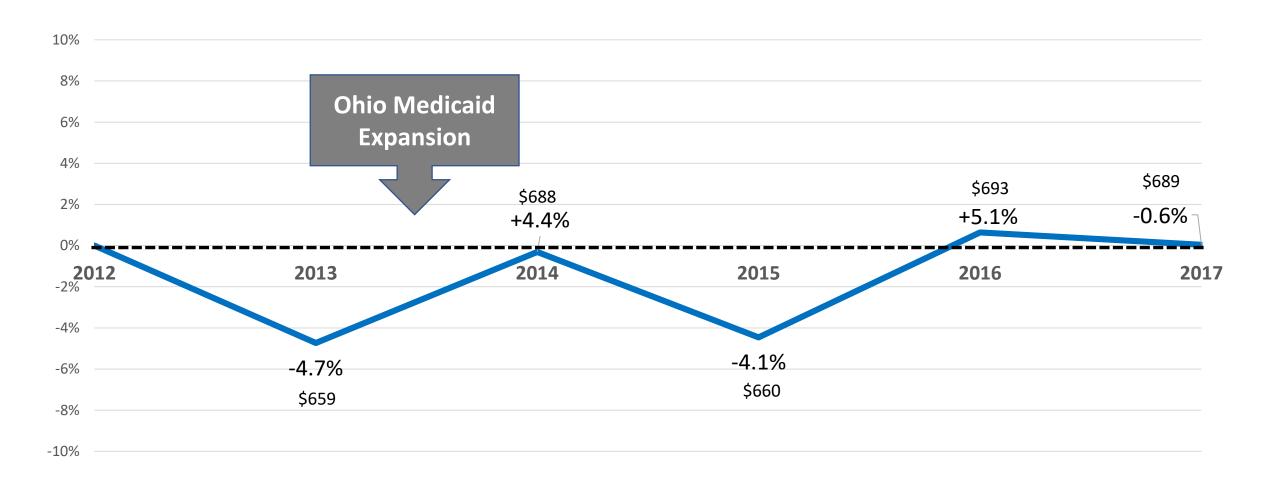


Non-Medicaid coverage remained stable throughout expansion





Annual Percentage Increase in Ohio Medicaid Spending Per Member





Ohio's Share of Medicaid Expansion Costs (in millions)

	SFY 2019	SFY 2020	SFY 2021
Total Group VIII cost	\$4,814	\$5,074	\$5,348
Match rate (state fiscal year)	6.5%	8.5%	10%
Ohio share of Group VIII cost	\$313	\$431	\$534
Drug rebates	(\$43)	(\$58)	(\$72)
Corrections medical expense savings	(\$18)	(\$18)	(\$18)
Enhanced FMAP for hospital UPL	(\$40)	(\$38)	(\$36)
MCO member-month tax	(\$198)	(\$198)	(\$198)
MCO HIC tax	(\$45)	(\$48)	(\$50)
Net Impact on Ohio	(\$31)	\$72	\$161
Effective match rate	0%	1.4%	3.0%

SOURCE: Ohio Office of Budget and Management analysis (July 2018).

2018 Ohio Medicaid Group VIII Assessment

General findings ...

- a large decline in the uninsured rate to the lowest level on record;
- most enrollees (89%*) were uninsured prior to obtaining Medicaid coverage;
- better access to care was associated with a reduction in unmet medical needs;
- high-cost emergency department use decreased (17%);
- many enrollees (27%*) detected previously undiagnosed chronic conditions;
- health status improved for many (31%);
- more than one third (37%) quit smoking and said Medicaid helped them quit;
- many enrollees (25%) screened positive for depression or anxiety;
- easier to work (84%) or if unemployed to look for work (60%);
- most enrollees (49%) said it was easier to pay for necessities like food and rent;
- the percentage of enrollees with medical debt fell by half (from 56% to 31%*).

2018 Ohio Medicaid Group VIII Assessment

Medicaid expansion has benefitted enrollees by ...

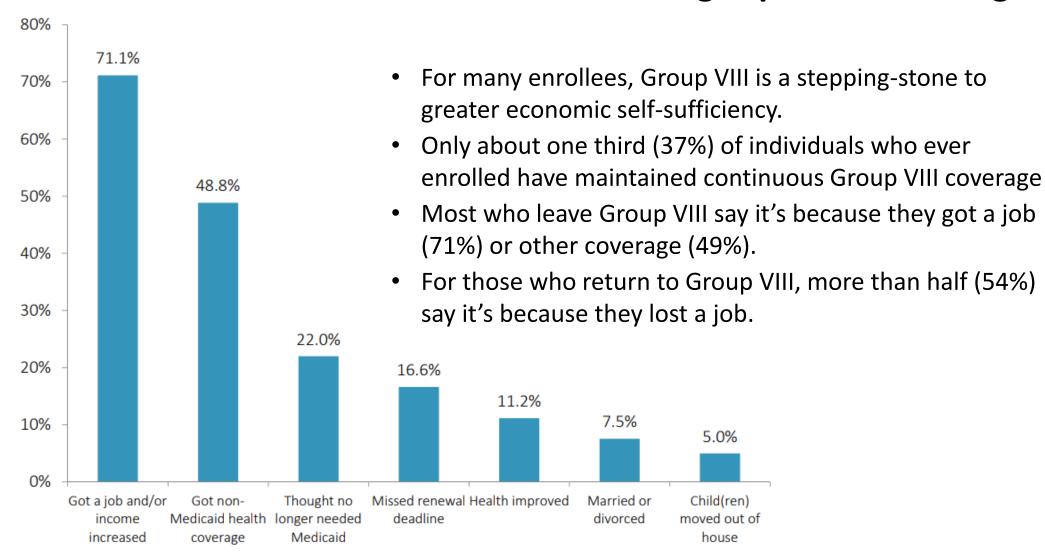
- facilitating continued employment, new employment, and job seeking;
- increasing primary care and reducing emergency department use;
- lessening medical debt and financial hardship;
- improving mental health;
- assisting in addressing unhealthy behaviors such as tobacco use; and
- enabling enrollees to act as caregivers for family members.

Compared to 2016 assessment, a higher percentage of 2018 enrollees ...

- are now employed;
- access primary care providers and use emergency department services less;
- report better mental health; and
- are optimistic about their individual functioning.



Work is the most common reason for leaving expansion coverage



SOURCE: Ohio Department of Medicaid, <u>2018 Medicaid Group VIII Assessment</u> (August 2018).

Correcting Misconceptions

"Ohio's newly eligible enrollment is 60% over what had been projected." In fact, enrollment is 13% below original projections and stable.

Ohio's expansion "costs per enrollee are surging 35% annually." In fact, costs are growing at a manageable 3.3% annually.

Disabled Ohioans are stuck on Medicaid waiting lists because expansion shoved them to "the back of the line ... without the care they need."

In fact, at the same time Ohio expanded Medicaid the state <u>added</u> 22,000 disability waivers and eliminated waiting lists.

Reflecting on Ohio's path to Medicaid expansion ...

- Get organized and commit leadership
- Cultivate a broad coalition of stakeholders
- Look at the evidence in other states
- Reduce impact on the state budget
- Use expansion to achieve other reform priorities
- The trend is only in one direction ...

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